

Liver Talks for Health Professionals

Description

A 1 hour discussion & reflection session for health professionals to explore how to talk to patients about their liver disease risk.

Aims

- To highlight importance of conversations about liver disease risk
- For health professionals to explore how they can effectively talk about liver disease risk with a wide range of people

Objectives

- To highlight real life experiences of people at risk of liver disease
- For participants to reflect on patient stories
- For participants to identify their own strategies and options for talking to people at risk of liver disease

Resources provided

- Session plan
- Slide deck
- Animation

Resources needed to deliver session

- Screen to show PowerPoint slides
- Screen audio/speakers to view the film






Practical considerations

- The session is adaptable to different settings
- A team member needs to facilitate the session
- Before the session the facilitator needs to
 - view the material and adapt as necessary for their team
 - play the animation on the equipment where the session will be delivered and check everything works ok

Please note

- Session ground rules are included at the start. This helps participants to feel comfortable, especially as they may be talking about their own professional practice and challenges they experience.
- It's good to do introductions even when people already know each other.
- Suggested timings are included for a 1 hour session, these can be adjusted to suit your context.
- It's valuable to have keep some time at the end of the session for people reflect on their learning and actions.

Legend:

	Section 1 – Introductions
	Section 2 – Health professionals
	Section 3 – How people want to be talked to
	Section 4 – Reflections and closing
	Planned activity

(Please see full plan in the next two pages)

Plan:

Time [min]	Slide No. tbc	What
1		Introduce yourself & the session
2		Working together Read the information on the slide to the audience, check that people agree to those and whether the group would like to add anything.
6		Introductions Ask people to share their name and reason for attending – in one sentence. It's easier to invite one person to start and then the person next to them to follow next until everyone has spoken.
1		Session aims
1		Why is this important?
1		Disease statistics
1-2		Perceptions of liver disease
1		Gaps in communication
7		Health professionals' experiences & Group discussion Share the slide and then encourage a discussion. You could start this by sharing your own reflections on the survey You could ask <ul style="list-style-type: none"> • Do these findings match with your experiences? What are the similarities what are the differences? • Anyone found any approaches that worked well/didn't work well?
1		Introduce the animation You can use the wording below: "This animation features the voices of 3 different people at risk of liver disease, sharing their stories and crucially, how they'd like health care professionals to talk to them"
4		Play animation: Click on the slide to start the film

	<p>Group discussion:</p> <p>Encourage a discussion about the content of people's stories.</p> <p>You could start by sharing your own reflection</p> <p>Ask the questions:</p> <ul style="list-style-type: none"> • What struck you about people's experiences? • Any similarities/differences with patients who you've spoken to?
8	<p>What's important for people</p> <p>All patients reported that they wanted more information including, helpful honest conversations with health professionals.</p>
10	<p>Time to practice! Small group activity</p> <p>Divide into small groups (2 to 3 people depending on size of the group).</p> <p>Share the instructions (keep these visible for people to reference)</p> <ol style="list-style-type: none"> 1. Choose one of the people in the video to focus on 2. Work together to come up with what you'd say (i.e. what words would you use). 3. You can use the structure on the slide as a guide. <p>Invite one or two groups to feed back</p>
2	<p>Final reflections</p> <p>Invite everyone to reflect on their own learning and action, encourage them to make a note of this. Write down any actions for the team too.</p> <p>Invite couple of people to feedback verbally to the group</p>
	<p>Close session</p> <p>Thank everyone for attending</p> <p>Leave Further Information slide in view</p> <p>Encourage people to give feedback on the resource via the QR code</p>