

Hepatitis B & Hepatitis C: what you need to know

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In the UK, the most common forms of viral hepatitis are hepatitis B and C. Viral hepatitis is caused by a virus in the blood. These viruses are passed on by blood to blood contact.

Hepatitis B

Approximately

200,000

people are living with
hepatitis B in the UK.



Risk factors include:

You or your mother were born in a country
with higher levels of hepatitis B
e.g. China, India and Nigeria

Sex without a condom or dam

Hepatitis C

Approximately

81,000

people are living with
hepatitis C in the UK.



Risk factors include:

Injecting or snorting drugs

Medical or dental treatment abroad

Unsterilised tattoos or piercing

Symptoms:

Many people with hepatitis B and hepatitis C notice no symptoms,
or have ones so mild that they are easily missed

Did you know?



Hepatitis B is the most
widespread form of hepatitis
worldwide



The hepatitis B vaccine is a
safe and effective way to
protect people



There are treatments available
for hepatitis B that can prevent
serious liver damage

Did you know?



New treatments cure more
than 9 in 10 people



Treatment helps prevent
serious liver disease and
liver cancer



You can order a free test
from the NHS via
britishlivertrust.org.uk/heptest

Get tested, get treated

Visit our website to check your liver disease risk

www.britishlivertrust.org.uk/risk

